



**To:** Board of Directors  
**From:** Edward Miller, President of the Board  
**Date:** March 10, 2020  
**Subject:** COVID-19 (Coronavirus) Precautions and Preparation

Review of precautions and preparations being taken for the protection of staff and those with whom they come in contact. Also, what planning is being done within our community.



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## CORONAVIRUS 2019 (COVID-19): UPDATE FOR EL DORADO COUNTY

Updated - March 9, 2020

### **Current Status:**

El Dorado County health officials and agency partners are closely monitoring the outbreak of novel Coronavirus 2019 (COVID-19) that originated in China.

- El Dorado County - As of March 9, 2020, at 12:00 p.m. (noon) Pacific time, there are no confirmed cases of COVID-19 in El Dorado County.
- California - As of March 8, 2020, at 7:00 a.m. Pacific time, there are a total of 114 positive COVID-19 cases in California and one fatality. The person who passed away had underlying health problems and was a resident of Placer County.
- United States - For national information about COVID-19, including number of cases - go to <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

### **What is COVID-19:**

COVID-19 is a virus that can cause respiratory symptoms similar to seasonal flu, such as fever, cough and shortness of breath. Some people have no symptoms. According to the California Department of Public Health (CDPH), while COVID-19 has a high transmission rate, it has a low mortality rate. There are several types of coronavirus; COVID-19 is only one (recently identified) type. Most people who become ill from coronaviruses that circulate in the U.S. recover on their own. Some people, particularly those with underlying health problems, the elderly or those with severe symptoms, may require more intensive medical care.

### **How to Protect Yourself:**

We believe coronavirus is similar to seasonal flu. The best way to protect yourself and others from any virus, including seasonal flu and coronaviruses, is to use good hygiene and to stay away from those who are sick. We recommend incorporating these steps into your daily routine:

- Wash your hands frequently with soap and water
- Avoid touching your eyes, nose or mouth with unwashed hands
- Cover your mouth and nose with a tissue or your sleeve when you cough or sneeze
- Stay home from work and school if you're sick
- Clean and disinfect frequently touched objects and surfaces using regular household cleaning spray or wipes
- If you're sick enough to seek medical care and think you have any respiratory illness, including COVID-19, it's important to call the medical facility before arriving and follow directives to avoid exposing others
- If you work in an office, you can post this flyer (English / Spanish) as a good prevention reminder for everyone



**COVID**  
CORONAVIRUS  
DISEASE **19**

# STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

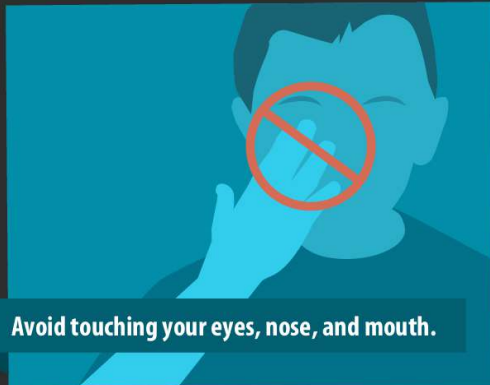
Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



For more information: [www.cdc.gov/COVID19](http://www.cdc.gov/COVID19)

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### **What is El Dorado County Doing to Prepare for COVID-19:**

El Dorado County Public Health and agency partners are actively monitoring reports about COVID-19, and taking steps to respond if a case is identified in the county. Public Health and partners are frequently participating in statewide conference calls and receiving situation updates and guidance from CDPH; sharing guidance with local healthcare providers, other County agencies and organizations; reviewing local emergency preparedness plans; and sharing resources. Agency partners are also coordinating with CDPH and neighboring counties, and participating in regional meetings to ensure a coordinated response.

Local partners include the El Dorado County Health and Human Services Agency, Office of Emergency Services, Emergency Preparedness and Response, local hospitals and health care facilities, and others.

El Dorado County Public Health is also coordinating with local healthcare providers and monitoring people deemed to be low, medium and high risk of possible exposure to COVID-19. Risks are assigned based on travel history and possible exposure to someone confirmed to have the virus. To date, a handful of individuals in the County who fit the criteria above are coordinating with Public Health to monitor their health and potential symptoms. Individuals have been tested, and so far, the results of tests have been negative. Public Health is following CDC guidance regarding who should be tested.

### **Risk of Transmission:**

Although the risk of transmission remains low for the general public, it's important to notify your healthcare provider and El Dorado County Public Health if you have one of the following risk factors:

- Recent travel to mainland China, Italy, Iran, Japan, and South Korea (within the last 14 days) and have respiratory symptoms. (See Guidance for Travelers)
- Close contact with a person confirmed to have COVID-19

To reach El Dorado County Public Health with questions about prevention, risks and potential exposure, call the Communicable Disease hotline at (530) 621-6320 in Placerville or (530) 573-3154 in South Lake Tahoe.

### **Masks:**

At this time, it isn't recommended that healthy people wear masks. However, masks are recommended for people who are sick with respiratory symptoms to prevent the spread of viruses. If you're sick with a fever and respiratory symptoms that require you to seek medical care, you'll likely be asked to wear a mask at the healthcare facility.

*Source: <https://www.edcgov.us/Government/hhsa/Pages/EDCCOVID-19.aspx>*